



# Hemophilia Ontario

**2018**  
ANNUAL  
COMMUNITY  
REPORT

## Our Vision

A world free from the pain and suffering of inherited bleeding disorders.

## Our Mission

Hemophilia Ontario strives to improve the health and quality of life for all people with inherited bleeding disorders, and to find a cure.

### TARGET POPULATIONS:

#### Who We Serve

- People with hemophilia, von Willebrand disease, rare factor deficiencies and inherited platelet disorders;
- Carriers of these conditions;
- Their families;
- The patients' communities (friends, co-workers, daycare workers, teachers, employers, etc.)
- Health care providers in the Ontario network of inherited bleeding disorder comprehensive care clinics;
- Other health care providers (primary care practitioners, dentists, specialists, etc.) who may provide care for people with inherited bleeding disorders.

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LETTER FROM

## Letter from the President

Dear Friends,

I would like to take this opportunity to tell you about the work that we have been doing since the fall of 2018, and to let you know our plans for 2019.

I am happy to confirm that planning for our summer and fall camps is well underway. We have dates and venues selected for all of our camps, and I hope that you and your children are able to attend.

Regional Councils have been convened and events have already been arranged in CWOR and SWOR. We are working with our Regional Councils in the other three regions, and I expect that you will be hearing from your regional staff member shortly about convening meetings to arrange a program agenda for the rest of the year. The feedback that we have received regarding our regional approach and program agenda for 2019 has been overwhelmingly positive.

We are taking a number of steps this year to improve the management of our organization.

We know that diversifying our funding sources is crucial to our future viability. In that regard, we are developing a fundraising strategic plan and will be educating staff and Board members about how to manage an organization that is proficient at diversifying and enhancing its funding sources. We working on an investment plan for our cash reserves, and have engaged two investment advisors to present options for our investments to the Board of Directors. We are re-defining our goals and our relationships with our major contributors, including our pharmaceutical partners and the Ministry of Health. Staff and Regional Councils have been provided modest fundraising targets, and we will provide support to help them reach their goals.

The Board is taking a number of steps to improve how our organization is governed. The Board Development and Nomination Committee will continue to engage in a thorough interview and vetting process for prospective applicants for Board positions. The Committee will also interview prospective candidates for the Board from each of our five regions, to ensure that the Board has an adequate balance of skill sets, and professional

and personal experience going forward. The Board will be involved in conducting communications and accounting audits this year. Directors will be assigned specific portfolios and will be required to maintain regular contact with staff in their respective portfolios, and to represent our organization at events.

With respect to achieving better care and support for women with inherited bleeding disorders, members with HIV/AIDs and our aging population, our main focus over the past several months has been to better understand the resource and service gaps in each of our clinics. This has been a time consuming process, and we have obtained most of the data that we sought out to acquire. Our next steps are to analyze the data to see where the shortfalls are in our clinics, and to advocate for better care and service in the clinics.

I would also like to take this opportunity to extend our sincere thanks to Georgina Floros at St. Michael's Hospital in Toronto for her years of service to our community. I know personally that Georgina is a dedicated and caring nurse who has helped to keep that clinic running smoothly and our community well cared for. In an unfortunate decision, the hospital decided to terminate the position that she held, and offer

it to less qualified candidates for less remuneration. Our organization and community is very upset by this decision, and we will be taking aggressive action with the hospital, and if necessary the Ministry of Health, to ensure that staffing levels and the quality of care are improved. St. Michael's Hospital is the largest comprehensive care clinic in Canada, and is among the largest in North America. We will not stand idly by and allow the quality of our care to decline. If you attend St. Michael's Hospital, are concerned about this situation, and would like to help in our advocacy efforts, please contact Bojan Pirnat, our staff lead on this issue, at [bpirnat@hemophilia.on.ca](mailto:bpirnat@hemophilia.on.ca).

There is still significant work that needs to be done by our organization to enhance the quality of life and care for our community. We will continue our efforts in 2019 and beyond and I hope that we can continue to count on your time, support and encouragement as we undertake these important endeavours. If you have any questions, or wish to speak with me about how you can assist in our efforts, please do not hesitate to contact me at [president@hemophilia.on.ca](mailto:president@hemophilia.on.ca).

Yours truly,

Cameron Peters   
President, Hemophilia Ontario



LETTER FROM

## Letter from the Executive Director

The Road Forward

April 12, 2019 our AGM weekend represents six months to the day that I started my position as Executive Director for Hemophilia Ontario. I wrote my first ED message for Blood Matters ten weeks into my position. My key messaging in that piece was that we should always be making a difference for our members in everything, we do, and that as we move forward as an organization we ensure that we will not be taking any steps back.

## Six Months in: What Difference, Have We Made?

### **Provincial Re-organization:**

Delivery of a new operations model that has each region managed and supported by a full time staff member.

**Difference Made:** Regional accountability is the responsibility of a full time staff member of Hemophilia Ontario. New regional terms of reference for councils. Reduced operating costs and better use of both financial and human resources. Improved evaluation process in measuring results against goals and outcomes as well as improved reporting to the board of directors.

**Board Development:** Analysis and assessment of board operating guidelines, skill sets and requirements/deficiencies.

**Difference Made:** Operating guidelines and board requirements updated to reflect current and going forward needs. Improved board/staff relations model in place with staff reporting at monthly board of director's meetings on a rotational basis. This has gone a long way in removing the previous us vs. them mentality.

**Data Management:** The ability to collect, assign and manage our operational and member data was inefficient and labour intensive utilizing two operating systems that did not work/communicate together. This has resulted in Hemophilia Ontario moving to Raisers Edge NXT Operating System with an anticipated go live date of July 2019.

**Difference Made:** Hemophilia Ontario will be in a position to properly assess its membership and operational data, communications process, event planning and fund development all through one system that will reduce staff time and improve operational efficiencies.

## The Road Ahead

We have a momentum and energy that you can feel coming out of the first quarter of 2019. We are defining ourselves in terms of who we are as an organization in 2019, but more importantly, we are looking at who and what we need to be as an organization moving forward. Here are some of the key issues we will be looking at addressing on our "Road Ahead".

**Clinic Advocacy:** Hemophilia Ontario is currently analyzing, costing and preparing a business model to be presented to the Ontario Ministry of Health to properly resource our clinics allowing us to fulfil our standard of care requirements for our members.

**HIV/AIDS Hep-C:** Hemophilia Ontario is undertaking an analysis of our current role in this area and defining where we need to move going forward, ie. engagement of the LGBTQ community.

**Camp Programs:** Hemophilia Ontario will be reviewing its current camp operations model with the goal of an operations model that will allow for better resourcing of our camp programs in the areas of staffing, funding and expansion to deal with future demands.

**Diversified Funding:** Hemophilia Ontario will be revamping its funding model to take into account


private foundations, expansion of gaming opportunities, events fundraising, education and solicitation in the areas of estate planning and major gifts.

**Future Advocacy and Member Support:** Hemophilia Ontario will determine the role it will play in the following emerging issues:

- Women's Bleeding Disorders, education/advocacy
- Aging Populations, Education/ Funding of programs and supports
- Indigenous Populations: Identifying numbers and breakdown of this population with a goal to the development of programs and services that addresses and respects cultural sensitivities
- Landed Immigrants, Identifying member numbers and breakdown of this population.
- Development of programs and services that will address language barriers and cultural sensitivities

You can see we have a few things on our plate on the road forward. Please do not hesitate to reach out to me with any questions, or if you have an interest in being involved with us as, we go down "The Road Forward". I can be reached at [bjames@hemophilia.on.ca](mailto:bjames@hemophilia.on.ca) and I look forward to connecting with you personally.

Best wishes,

Byron James   
Executive Director  
Hemophilia Ontario

# Our Values

## INCLUSIVENESS

By providing information, programs and services to all people with inherited bleeding disorders of all ages and their families.

## CONNECTEDNESS

By being well connected to our grassroots community.

## ADVOCACY

By actively representing people with inherited bleeding disorders to improve their quality of life while working towards a cure.

## EXCELLENCE

By achieving quality, efficiency, and innovation while remaining open to change.

## INTEGRITY

By acting honestly, responsibly, opening, and with accountability.

## RESPECT

By treating the people with whom we interact with dignity, fairness, and compassion.

## COLLABORATION

By fostering meaningful and collegial relations, and strong partnerships among our diverse stakeholders.

## NEW MEMBER TESTIMONIAL

# Our Impact

Hemophilia wasn't something me or my husband Robert were very familiar with prior to August 2017. You see our beautiful 10 month old son Robbie was diagnosed with Severe Hemophilia Type A during that time. We didn't have any family history or reason to suspect Hemophilia. Of course after his diagnosis I learned that I was a carrier and we quickly realized that we were going to have to educate ourselves as much as possible to give Robbie the best chance for a happy healthy childhood. Our family has been incredibly supportive and is on this journey of learning and raising awareness right along with us, especially Rob's parents Bob and Skip.

We are blessed to live close to our HTC at McMaster Children's hospital and to have a supportive healthcare team caring for Robbie. Even though we receive great care, training and tools to be able to infuse Robbie from home we were still missing out on the tribal knowledge that can only be shared from other families living with a bleeding disorder.

We had the opportunity to become members of the CWOR and it has proved to be a very rewarding experience for our whole family and a chance to try to give back just a little of what we have received.



Through this amazing community we have built friendships with other families that have gone through all of the stages and scares that Hemophilia can bring. We will never forget Robbie's first serious bleed, the anxiety we felt putting him in daycare, the empowerment of our first at home infusion and the belonging we felt at our first Hemophilia community event the Zoo Walk. We were so overjoyed by the outpouring of support from all of our friends and family when we had the opportunity to fund raise and educate others about bleeding disorders.

We are optimistic about scientific advancements in the treatment of Hemophilia, awareness and acceptance from others outside the community and the opportunity to have do more to increase access and knowledge to programs and support for their families.

Even though Hemophilia, prophylaxis treatments and bleeds is our family's new normal we still have a lot of growing and learning to do. We strongly encourage as

**“We were so overjoyed by the outpouring of support from all of our friends and family...”**

many as people to get involved, participate in community events, raise awareness and shape the future of options and resources available to all living with or caring for someone with a bleeding disorder.

Warm regards,  
Megan, Robert and Robbie Reid

# Regional Programs

The beginning of March 2019 was the anniversary of my first year with Hemophilia Ontario and I have thoroughly enjoyed getting to know the Board, the staff and the members of this incredible organization. In reflecting on the programs offered in 2018, I met so many amazing people and was happy to bring: High Tea, Women's Bleeding Disorders and Guppies to Grownups, and Transitioning from Pediatric to Adult Care, to all the regions in the Province. We had some amazing speakers including Amy Griffith, Ian Marcinkowski, and Pam Wilton to name a few. My experiences attending each of these events throughout the province showed the enthusiasm that people had to meet, and share, and connect with each other. From these events, feedback shared by the members stated they want more opportunities to spend time together and continue to receive the educational benefits of the topics that are meaningful to them.

Natalie Philbert 

Coordinator

Programs & Fund Development

# Financial Assistance

We have identified Financial Assistance as a key service that Hemophilia Ontario provides to the community. Hemophilia Ontario has been providing financial assistance to its members for many years, and it is crucial for us to continue to do so. Financial assistance has a major impact for members at the times in their lives when they need it most. In order to reflect that value, Hemophilia Ontario has begun the process of modifying our financial assistance program to better meet the needs of the membership.

After assessing our services in 2018, Hemophilia Ontario has implemented the following change:

- Raised the \$750 per household limit to \$1000 per affected person, per household.
- Each affected person in a household is now eligible for up to \$1000 of financial aid.

We will continue to assess and modify the program to best meet your needs on an ongoing basis. A full list of financial and member support services will be available on our website and as a handout at your local Hemophilia Treatment Centre soon!

Shown below is a testimonial from one of our members who recently received an ankle fusion surgery and whom we assisted with the purchase of a knee scooter to help with his mobility during his recovery and to allow him to go back to work as soon as possible. He had his operation on March 12 2019, and we were able to purchase a knee scooter and arrange for him to pick it up near his home town within 24 hours of the surgery. We are always grateful for the opportunity to make a difference in our members' lives when they need it most.

Bojan Pirnat

Coordinator, Member Services

## TESTIMONIAL

# Quran's Story

My name is Quran Richards, I am a Hemophilia B severe with less than 1% factor. I was diagnosed with this bleeding disorder at age 7 at Sick Kids hospital. Life for me has been enjoyable, but there have been huge limitations on me due to my Hemophilia. There were a lot of sports I wasn't allowed to play due to the high risk for injuries. In March 1999 when I was 12 years old, I got into an accident while sledding down a hill. Who would have known then, that this injury would have put a huge damper on my life for the next 20 years. I have lost many jobs and ended back into the hospital multiple times to treat my right ankle because of this injury. In 2015, Laurence, the St. Mike's physiotherapist, and a few others, Georgina and Dr. Teitel, put in a recommendation for an ankle fusion surgery to be done by Dr. Daniels. When I got a chance to meet Dr. Daniels, he reassured me that this operation would significantly bring down the pain that I suffer every single day, to a minimum.

Fast track 4 years to the present, March 12, 2019, I finally received the ankle fusion surgery. The surgery was extremely successful. During the post operation, I was planning on ways how I can make my life a bit easier by making it easier to move around, and still work as a self-employed MC/Disc



Jockey. Georgina, my favourite nurse, who has been by my side back since Sick Kids hospital, has always been there to support me and made sure to encourage me to keep pushing forward in life. She sent me a recommendation by email to contact Bojan from Hemophilia Ontario to see how they can assist me. After speaking with the Laurence, we came to the conclusion that getting a knee scooter will play a big part in my recovery. The knee scooter is like a regular scooter that you see young children use to ride, but this scooter aids mobility by allowing me to rest my knee on it while I use the other leg to push forward. I made contact with Bojan and he made this happen for me, as I didn't have enough funds to get one. Being on the wait list doesn't prepare you financially or mentally, as the call will come in when you least expect it. The knee scooter has helped me a lot, especially for a wedding event I MC'd for. I had support from my stepson Austin Sam and my close friend Kester Caesar to help with the equipment and performance. The knee scooter helped me to get

“...we came to the conclusion that getting a knee scooter will play a big part in my recovery.”

around and do my job during the wedding, which the couple was very satisfied with! I would like to say a big thank you to Bojan - Regional Coordinator Member Support and Service for the support, Dr. Daniels for the successful surgery and his assistant Helen for guidance, and Laurence for the tips on recovery and exercise. Also I would like to thank Georgina for everything. She is my star player in life. Thank you for always being there for me and always keeping up with my fast paced life style.

# Moving Forward in 2019 and Beyond

Hemophilia Ontario is aiming to rejuvenate our regional councils!

I want to invite you to join your Regional Council and become part of the organization's grassroots activities. Involvement would include bi-monthly meetings to help plan local programs, organize local fundraisers, and anything else we decide as a group that would benefit your region.

Hemophilia Ontario staff has created a proposed calendar of programs and fundraisers for the 2019 year based on the feedback we've received from you. Some highlights of the programs regional councils will be part of organizing and planning for 2019 include:

## Community Days

We are proposing three community days for 2019. The first day in March or April will be a "family fun day" with the goal of bringing members together to get to know each other and have some fun. The second community day will be a women's day (of course men are welcome to join in too!). We are bringing back our high tea programs but expanding the day to include other activities to reach a wider variety of interests. Just like last year, the purpose will be to discuss women's bleeding disorders; any and all topics will be welcome. All age groups are welcome -- in 2018 we had young girls and women in their 70's and 80's. The third community day will be geared to an education panel and we are aiming to link it to a holiday party to make the day more festive and engaging.

## Fundraising

Feedback from our members also stated that they want to do more to help and get more involved. We are working towards engaging our community and the broader public to begin to organize some fundraising efforts. Hemophilia Ontario is hoping to incorporate fundraising into our regions and the councils will have the opportunity to participate in those efforts. The council's role will be to make decisions on what fundraisers should happen in the regions and where the funds raised should go. As regional councils, we can decide on the various areas we think our region would benefit most, including: financial assistance, camps, programs, educational opportunities, etc.

As a sneak peek, CWOR had their FunDay on March 23, 2019 and it was a HUGE success! We had 37 people in attendance! We had a lot of fun and even raised some money for the region through the fundraisers we ran!



# Camp Programs

Hemophilia Ontario's camp programs not only have a rich history, but have become an integral part of the fabric that makes up this organization. When speaking to anyone within our community, the likelihood of hearing a camp story in conversation is very high, and it's not hard to see why. Our camp programs provide a chance for kids to make lifelong friendships, families to

strengthen their bond with each other, a chance to develop a sense of community, and in every case, a better understanding of how to live and navigate life with a bleeding disorder.

In 2018 we held three of our signature camp programs:

- YMCA Camp Wanakita
- Pinecrest Adventures Camp
- Community Camp

Looking at the impact of camp through the lens of YMCA Camp Wanakita, we had 57 campers with a total of 177 infusions, with 19 of those infusions being done independently. That being said, our plan as an organization is to grow and expand our camp line-up in the future. Our 2019 initiatives include the reintroduction of our well loved Just the Guys program (which will now include the addition of fathers and daughters), and a new Family Camp Weekend in lieu of the 2019 edition of Pinecrest Adventures Camp.

Here is a full list of camp programs that you can expect to see from us for 2019:

- YMCA Camp Wanakita
- Family Camp Weekend
- Just the Guys (CWOR, OEOR, SWOR, TCOR)
- Just the Guys North

While myself and the staff could easily speak to the importance, benefit, and impact of our camp programs, we also think that our members say it better than we ever could. We hope you take the time to read our members' stories below and that they encourage you to join us at one of our camp programs this year!

Alex McGillivray   
Coordinator, Camp & Clinic Program



Hello my name is Gerard Whittle, I am 10 years old and I live in Brampton, Ontario. I have been visiting Camp Wanakita for 4 years now. Wanakita is a great place in Haliburton, Ontario surrounded by lots of nature and away from the city.

## CAMP TESTIMONIAL

# A Place to Have the Time of Your Life

When I first started I was scared and I asked myself would anyone talk to me? Would anyone even care? But NO, everyone was nice and now, I look forward to going every year! I have learned to be independent, taking care of myself and being responsible for my stuff. I am active and like to be outdoors. At Wanakita I get to be active by playing different games and joining activities. The best part is I get to be outdoors all day!

I also get to pick two activities to participate in for the week I stay at camp. Last year, I picked an activity called WEP which is how to survive in the wilderness and I also chose kayaking. At home I would not have had the chance to learn how to kayak! The instructors were very good and for the survival activity I learned how to place sticks for a fire.

I love to swim, and at Wanakita I get to swim in the lake every other day.

Wanakita also has something called the Bayer Den where I can go to get my factor and there is a hemophilia nurse present which makes me feel safe. There is also a health room I can go to if I need assistance.

We have a huge cafeteria where

we all sit together to eat our meals, but before we eat, we sing songs I've never heard before and we listen to the Wanakita news. The food at Wanakita is good and I got to try meals I hadn't had before. The food is healthy and delicious. My favourite meal is the breakfast because it's buffet style.

Friday we all sit together around the fire that's 3-4 feet tall and 1-2 feet wide. We have a lot of fun as we watch plays and listen to music outdoors. We have competitions throughout the week which I enjoy. We learn to work as a team with our cabin mates by participating in these activities and competitions. For example we had to build a fort together last year and we were one of the teams that won the competition!

We also take turns setting the breakfast, lunch and dinner tables for our cabin. I have met many kids from all parts of Ontario and each year I have had different cabin mates all who have shared their stories. I have had good camp counsellors who have been funny and good to talk to. From my experience, Wanakita is THE BEST and I recommend it to all. There is a lot to do and most of all its fun!

Gerard Whittle

## CAMP TESTIMONIAL

# Our First Community



With five kids, the thought of camping in general is daunting. With one being a hemophiliac, it's even scarier. My thoughts were, we are far away, what if something happens? How many extra infusions do I need to bring? Where is the closest hospital? Our son isn't even 4 yet and we are still getting comfortable with large family outings, so camp seemed like a far stretch.

We had been looking forward to Community Camp for two years. We had been invited previously but our son was diagnosed with a brain bleed and we had to stay in hospital.

I am happy to say that our fears were for nothing. Community Camp was one of the best family weekends we have ever had. There was always an activity happening. Canoes, kayaking, archery, rock climbing, basketball, nature hikes, craft stations and camp fires. My four daughters got a chance to see that the camp their brother would go to was not only fun, but a safe environment. There are amazing nurses always on hand. The camp staff, some of which used to be the campers, are so enthusiastic that their energy is infectious and you can't help but have a good time with them. Everyone is trained for

emergencies with no questions. They know exactly what to do (if anyone's had an emergency with a Hemophilia kid in a hospital with people who aren't trained to treat a Hemophilia, its scary!). There is no need to worry at camp. There is an infusion hut, the Bayer Den, for those who needed an extra hand or were newer to infusing. Not one need wasn't met.

The parent information sessions were so helpful. It shed light on areas that needed work and the coordinators were so excited to hear our feedback on what we would like to see for the bleeding disorder community.

Having parent speakers also allowed us to understand what other parents are going through and know that we truly are not alone. It showed us that we can rely

on each other when we need to. Friendships were made that without a camp like this, I don't know if our paths would have ever crossed.

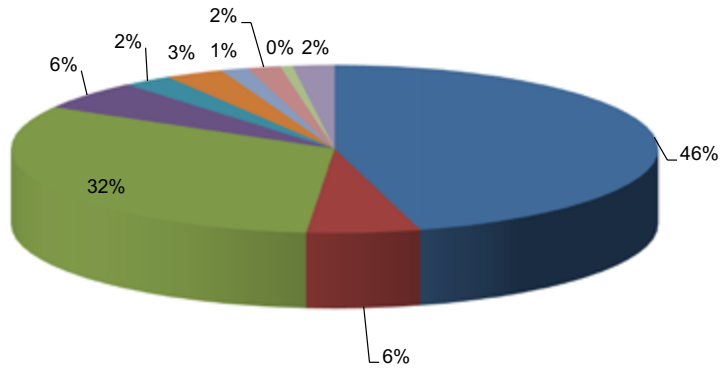
The best part was seeing the kids have fun. In the outside world it is very hard for these kids to be "normal". People who don't know much about Hemophilia are slightly scared of them, and always wonder if they are going to get hurt in their care. At Community Camp, they got to be exactly what they are, which is rambunctious and carefree kids who can do the same things as everyone else, and if not, they aren't looked at differently for it. It is their safe place. A place where everyone understands and they aren't alone.

I am so grateful for the experiences that we had at Community Camp. It changed our entire outlook on what our son is capable of, gave us the courage to let him try anything, expanded our support system and let us have an absolute blast doing it. Community Camp changed our family for the better. I look forward to many more years of programs like these and so does my son.

Patrice Hrebicek

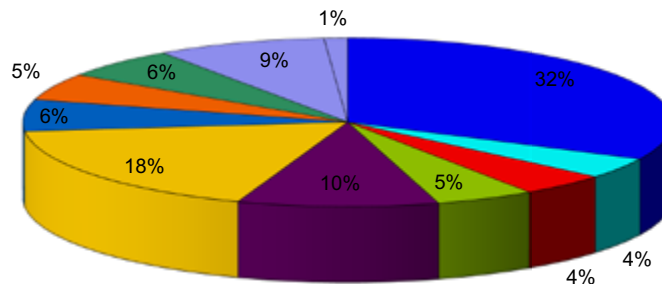
# Financial Report

Where you have given



- Staffing Costs
- Contracted Services
- Program Expenses
- Office & General
- Travel Expenses
- Occupancy Expenses
- Professional Fees
- Insurance Costs
- Staff & Volunteers Training
- Governance

Who has given



- MOH Grant
- Other Grants
- Events Revenue
- Fundraising & Gaming activities
- Federal Grants
- Federated Health Charity
- Donations
- Other Revenue
- Municipal Grants
- Pharmaceutical Corporations
- Other Contributions

## REVENUE

MOH Grant	\$ 203,974
Federal Grants	\$ 25,198
Municipal Grants	\$ 27,595
Other Grants	\$ 31,061
Federated Health Charity	\$ 63,169
Pharmaceutical Corporations	\$ 112,450
Events Revenue	\$ 38,221
Donations	\$ 32,731
Other Contributions	\$ 37,283
Fundraising & Gaming Activities	\$ 53,666
Other Revenue	\$ 7,406
	\$ 632,754

## EXPENSES

Staffing Costs	\$ 317,224
Contracted Services	\$ 39,202
Program Expenses	\$ 221,003
Office & General	\$ 39,047
Travel Expenses	\$ 17,109
Occupancy Expenses	\$ 20,258
Professional Fees	\$ 9,492
Insurance Costs	\$ 11,440
Staff & Volunteers Training	\$ 4,353
Governance	\$ 14,432
	\$ 693,560
	-\$ 60,806
	\$ 693,560

Our financial statements are presented in a manner consistent with the standards of the Chartered Professional Accountants of Canada.

# Board Members

**PRESIDENT**

Cameron Peters

**VICE-PRESIDENT**

Amy Griffith

**VICE-PRESIDENT**

Bojan Pirnat

**SECRETARY**

Shelley Hewett

**TREASURER**

Jamie Hill

**PAST-PRESIDENT**

Maia Meier

Julia Sek

Kwadwo (Michael)

Bosompra

Ryan Kleefman

Meagan Bordi

Darlene Villeneuve

# Sponsors



# How You Can Help...

Your generosity is the key to providing programs and services to individuals with inherited bleeding disorders. No other organization in Ontario offers these supports to those living with and / or affected by inherited bleeding disorders. With your passion, commitment and dedication we know we can make a difference.

## HERE ARE SOME OF THE WAYS YOU CAN HELP:

### DONATE

To make a donation, please visit: <http://events.hemophilia.on.ca/payments.php>

- Donate monthly through direct debit or on your credit card
- If your employer has a charitable donation program, have an amount taken off each pay cheque
- Leave a bequest in your will

### FUND RAISE

- Volunteer at a fundraising event, such as Bingo
- Join an event, such as the Polar Bear Dip, and obtain sponsors
- Nominate Hemophilia Ontario as your company's charity of the year

### CAMPAIGN

- Become a Hemophilia Ontario campaigner.
- Tell your family, friends and colleagues about our work

### VOLUNTEER

Become a Hemophilia Ontario volunteer. Each and every one of our six regions across Ontario are always looking for volunteers to become active and involved. Give a little bit of time, or give a lot. Whatever time you can give will be greatly appreciated.

# How to Get Involved...

Hemophilia Ontario welcomes the interest of individuals in our organization. The Board of Directors is elected at our Annual General meetings for a one year term. Each region elects a Regional Council at their Regional General Meeting.

## For further information please contact:

Hemophilia Ontario, 4711 Yonge St., 10th Floor, Suite 10100, Toronto, ON M2N 6K8

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